

# SELF-CARE, HEALING AND SOCIAL SUPPORT FOR DEMENTIA PATIENTS AND THEIR CAREGIVERS

IRB approved Study funded by Bader Philanthropies Inc

## ELIGIBILITY

- Anyone with early stage dementia/Alzheimer's/ mild cognitive impairment is eligible, but please contact us to determine eligibility.
- Caregivers must be a family caregiver of a person with moderate to advanced Cognitive Impairment/Dementia/Alzheimer's/Parkinson's.

## EXPECTATIONS

Participants will need to use the computer program for 4 weeks and also participate in an interview regarding how they used the platform and their evaluation of the myHESTIA platform



## WHO IS CONDUCTING THIS STUDY?

This study is being conducted by researchers at the University of Wisconsin-Milwaukee. The Principal Investigator of this study is Dr. Priya Nambisan - Call : (414)-251-5217 or Email:nambisap@uwm.edu for any questions regarding this study.

**UWM IRB approved (IRB#25.151)**



## OBJECTIVE OF THE STUDY

The objective of this study is to evaluate an easy to use computer program - **my Healing Ecosystem for Self-care and Therapeutic Integration for the Aging (myHESTIA)** for persons with Dementia/Alzheimer's and their family caregivers.

**This is a paid study**



## HOW TO PARTICIPATE

Send an email to [nambisap@uwm.edu](mailto:nambisap@uwm.edu) if you have questions.



**Ready to participate? Fill the screening and consent form below**

**For persons with Dementia**



**For Caregivers of persons with Dementia**

